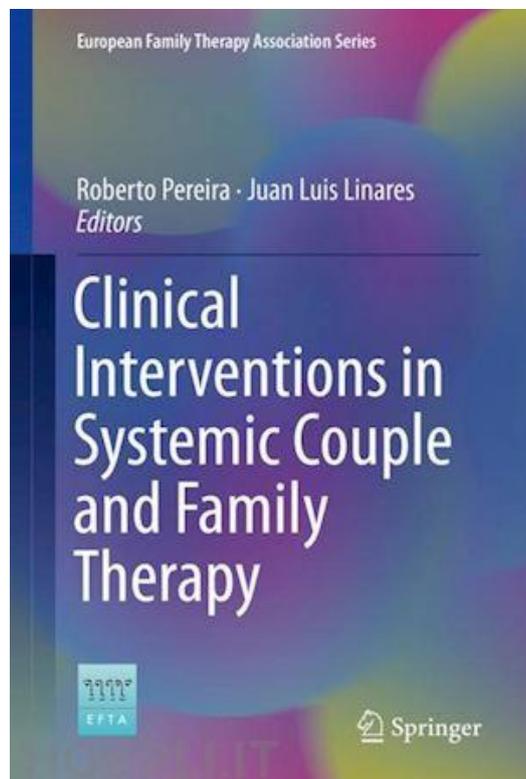


CLINICAL INTERVENTIONS IN SYSTEMIC COUPLE AND FAMILY THERAPY- ROBERTO PEREIRA, JUAN LUIS LINARES

SPRINGER



This timely update presents modern directions in systemic therapy practice with couples and families, focusing on clinical innovations from Italy, Portugal, and Spain. Top therapists discuss their breakthrough family work in treating familiar pathologies such as depression, borderline personality disorder, infidelity, and addictions, providing first-hand insight into meeting relational dysfunction with creativity and resourcefulness. The book applies novel conceptualizations and fresh techniques to complex situations including multi-problem families, involuntary clients, disability-related issues, anorexia, love and sex in aging, and

family grief. From tapping into the strengths of siblingship to harnessing the therapeutic potential of the Internet, the book's cases illustrate the rich variety of opportunities to improve client outcomes through systemic couple and family therapy. This practical guide: Demonstrates strategies for therapists to improve practice Exemplifies methods for reducing the gap between clinical theory and practice Identifies multiple dimensions of systems thinking in case formulation and therapy Offers new insights into treating classic and recent forms of psychopathology Provides a representative picture of couple and family therapy in southern Europe Clinical Interventions in Systemic Couple and Family Therapy is of particular relevance to practitioners and clinicians working within couple and family therapy, and is also of interest to other professionals working in psychotherapy and professional mental health services.

Link: <https://www.hoepli.it/amp/clinical-interventions-in-systemic-couple-and-family-therapy/9783319785202.html>

All'interno del volume segnaliamo il capitolo "Psychotherapy and technology: relational strategies and techniques for online therapeutic activity" Manfreda, G., Albertini, V., Eisenberg, E.

"Abstract

Use of telephone, e-mail, SMS, and WhatsApp with patients is by now an established practice for any psychotherapist. Besides these commonly used devices, there are more, like Skype, that can be employed within a therapeutic relationship. Use of all these resources anyway is not without consequences on the patient-therapist relationship. From the standpoint of systemic therapists, there is an implied relational level even in long-distance communication: written communication and a limited number of characters do not transfer only data, but also implicit emotional and relational elements. Technology can be of great help to clinicians but therapists should employ with great care and awareness these new communicative devices, beware of risks which could compromise the setting management and the therapeutic relationship."

Link: https://link.springer.com/chapter/10.1007/978-3-319-78521-9_9